

SPECULATIVE IMPACT MAP

This speculative impact map shows the potential ripple effect of Remedi being used. Each ripple signifies a different layer that could change. There is a short description of the health related impact Remedi could have at each layer.

FUTURE SOCIETY

For society, Remedi's impact affects the health services and economic changes. The National Health Service no longer spends as much money on reversible, non-communicable diseases that are primarily caused by lifestyles and, in the past, have been just treated with medication at a high cost. The focus is now on supporting people through lifestyle changes and adopting different ways of thinking about health from a myriad of perspectives worldwide. Big Pharmaceuticals' strong hold on patents on medications is waning, and people are more reluctant to take drugs to mask their symptoms. People are more aware of the environmental impact of medication too. Doctors are more engaged in people's lifestyles and holistic medicine. There is a more symbiotic view of how people's bodies work and how that affects society, people and the planet.

COMMUNITY HEALTH

Remedi offers a community of care locally and globally through the online network. The network enables people to connect and share knowledge worldwide, altering the focus on Western Medical practices and creating an open-source way for people to choose different options that are right for them and not just pharmaceutical medication. People are more empowered to tackle their health issues as a community than alone. There is momentum in the collective, and Remedi's community helps to foster that with users and the care conduit service.

THE USER

The user is using their Remedi and the community around it. They are part of the global community of care focused on working on the cause of their health problems rather than masking symptoms with medication. The care community supports to transition from poor health to better health without pharmaceutical drugs. They understand more about big pharmaceuticals' impact on their lives and society. They use Remedi to change the way they engage with their health.

THE USER'S HEALTH

The user's health changes, they begin to understand more about how their diet affects their health problems and, using the community of care, find a community of practice based on a non-western drug-based perspective. They change their diet to be more focused on reversing the causes of Diabetes rather than just masking the symptoms with their medication. The changes in their health are noticeable, and their financial burden on the health service has lowered.

Based on research:
<https://www.diabetes.org.uk/diabetes-the-basics/type-2-reverse>

